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Door County Public Health Department News Release

Influenza A (H1N1) Virus Update for 5/19/2009

Door County has its first confirmed case of Influenza A (H1N1). The case is in an adult and not related to any school or childcare setting. The patient was not hospitalized, and is expected to make a full recovery. Out of 20 specimens submitted to the State Lab of Hygiene for testing from Door County, only one has been positive.

"This is our first confirmed case in Door County, but it was not unexpected considering the contagious nature of influenza and the number of cases in Wisconsin," Rhonda Kolberg, Director/Health Officer stated.

State and local health officials reported today that Wisconsin now has 766 confirmed cases of influenza A (H1N1) virus. In the U.S., there are now 5,469 cases of H1N1 flu infection confirmed, and 6 deaths. The H1N1 flu has been reported in 48 states.

If you become ill with influenza-like symptoms, including fever, body aches, runny nose, sore throat, nausea, or vomiting or diarrhea, you may want to contact your health care provider, particularly if you are worried about your symptoms.

Your health care provider will determine whether influenza testing or treatment is needed. If you get sick, antiviral drugs can make your illness milder and make you feel better faster.

Take common-sense steps to limit the spread of germs.

- Wash hands frequently with soap and water.
- Use alcohol-based hand cleaners when water is not available.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Put used tissues in a wastebasket.
- Cough or sneeze into your upper sleeve if you don't have a tissue.
- Clean your hands after coughing or sneezing.
- Stay at home if you are sick.

For more information about H1N1 Swine Flu, go to the following websites:

<http://www.cdc.gov/flu/swine/index.htm> or

<http://www.co.door.wi.gov/> and go to [Quick Links](#) on the right column & click on [Swine Flu Update](#) for CDC information and/or click on [Wisconsin Swine Flu Update](#) for Wisconsin specific information.

Updates from the Door County Public Health Department will also be posted on the website under Quick links.